



KTN

David Calder – Digital Health
February 2019

Innovate UK
Knowledge Transfer Network

ktn-uk.org @KTNUK

UK Innovation Landscape



Innovate UK
Knowledge Transfer Network

ktn-uk.org @KTNUK

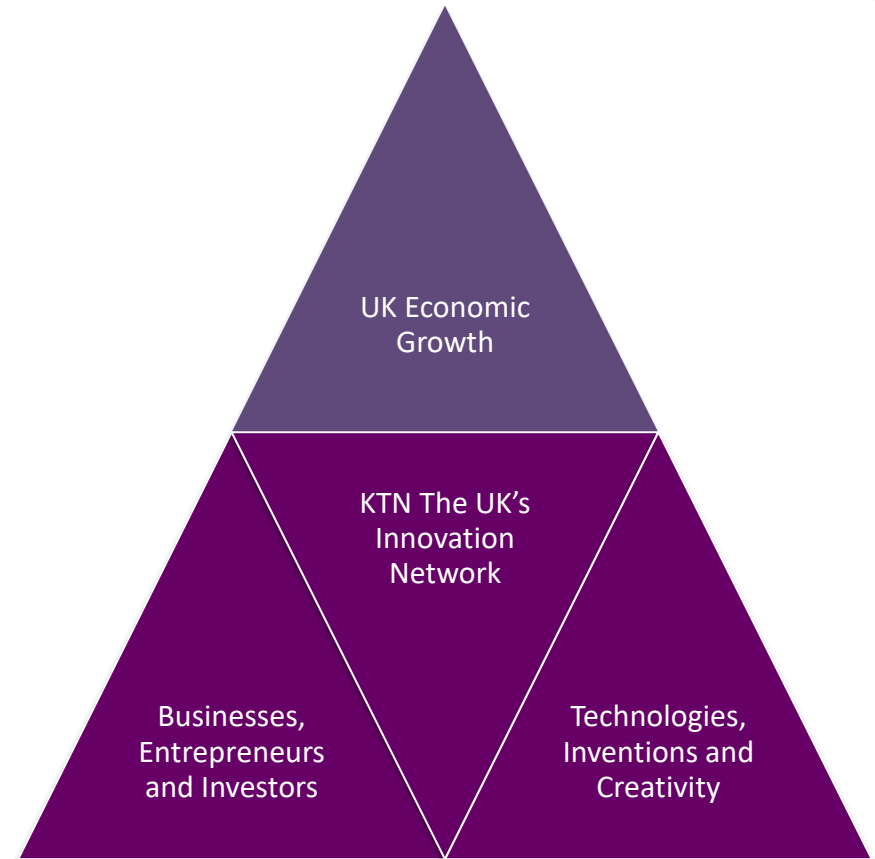
KTN's Mission

(Who we are & why we exist)

KTN is the UK's innovation network.

Our mission is to deliver economic growth. We connect people to speed up innovation, solve problems and find markets for new ideas.

We bring together businesses, entrepreneurs, academics and funders to develop new products, processes and services.



KTN Objectives

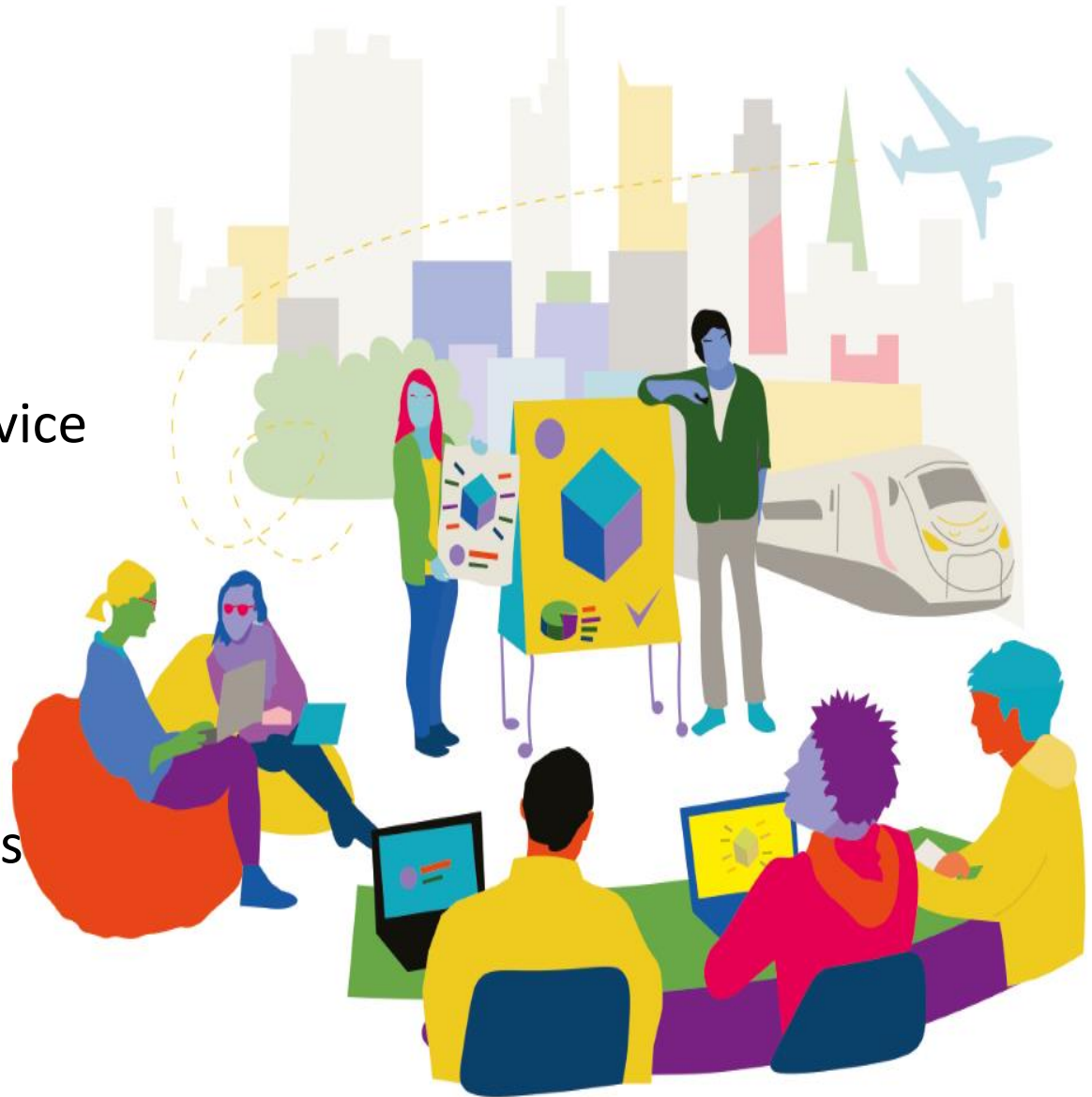
- Increase business led R&D
- Facilitate exploitation of R&D to capture more UK value from innovation
- Increase collaboration between businesses (B2B) & between businesses and the research base (B2R) for UK benefit
- Be the strategic partner of choice for innovation networking
- Provide breadth and depth of expertise for businesses looking to innovate

Breadth of expertise



How it works

- Attend events
- Receive expert advice & insights
- Get help with crossing sectors
- Introductions to new collaborations



2017-18 Stats

- ~ 3000 new introductions
- 442 new collaborations
- ~ 59500 newsletter subscribers
- 383 events
- ~ 26400 delegates



Commit to reach 2.4% of GDP investment in R&D by 2027

Industrial Strategy Challenge Fund

- ISCF & The Grand Challenges

The Industrial Strategy Challenge Fund (ISCF) aims to bring together the UK's world leading research with business to meet the major industrial and societal challenges of our time.



AI and Data
Economy



Ageing
Society



Clean
Growth



Future of
Mobility

Innovate UK

- Industrial Strategy Challenge Fund

Wave 1	Wave 2	Wave 3
Healthcare & medicine - DHTC	Transforming Construction	Business cases being finalised
Robotics & AI	Data to early Diagnosis & Precision Medicine	
Driverless Vehicles	Transforming Food Production	
Manufacturing & Materials of the Future	Next Generation Services	
Satellites & Space technology	Prospering from the Energy Revolution	
Clean & Flexible Energy	Healthy Ageing (tbc)	
	Audience of the Future	
	Quantum Technology	

ISCF Wave 3 Announced Challenges

- Ageing Society
- Accelerated Detection of Disease
- Clean Growth
- Industrial Decarbonisation Challenge
 - *End of process, clusters*
- Transforming Foundation Industries
 - *Materials and innovations in the process, heavy industry*
- Smart Sustainable Plastic Packaging

- AI and Data Economy
- Manufacturing Made Smarter
- Commercialising Quantum Technologies
- Future of Mobility
- Future Flight Challenge
- Driving the Electric Revolution

KTN Health (Life Sciences)



Medicines

- Discovery and development
- Scale-up and manufacture

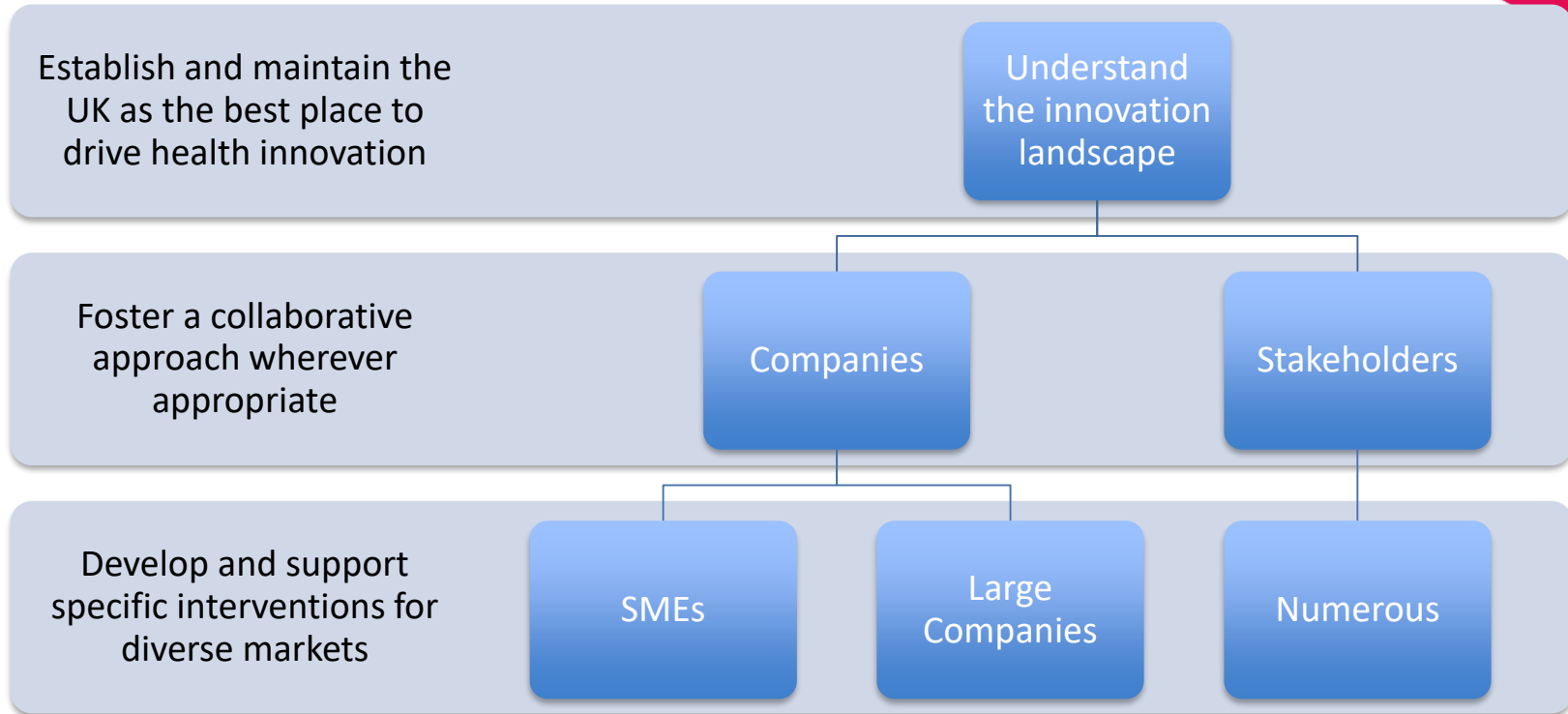
Med Tech

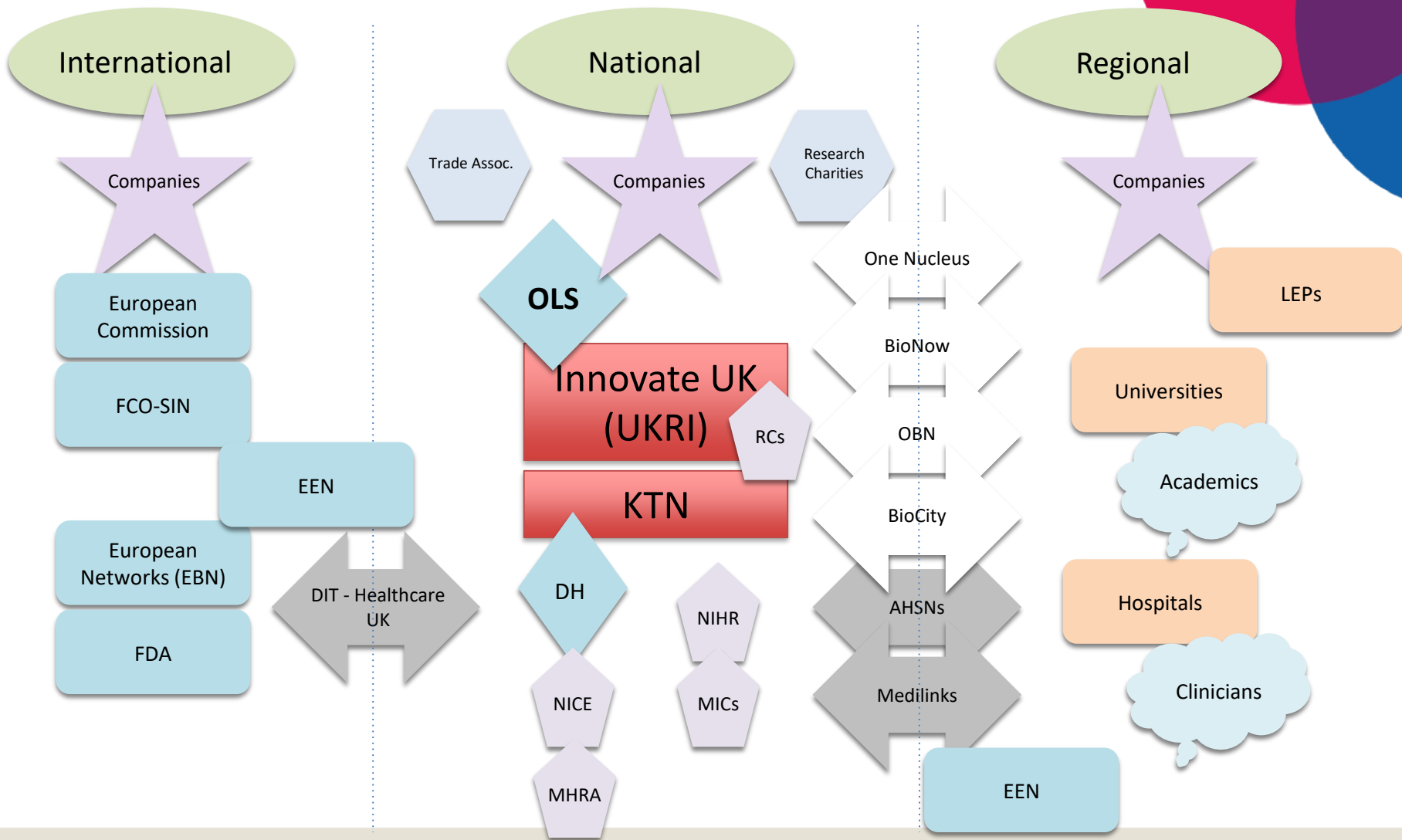
- In vitro technologies (including wearables)
- Implantable technologies

Digital

- Systems for diagnosis/remediation of disease
- Data in health & care

KTN Health Priorities





KTN Health Team Support for Business

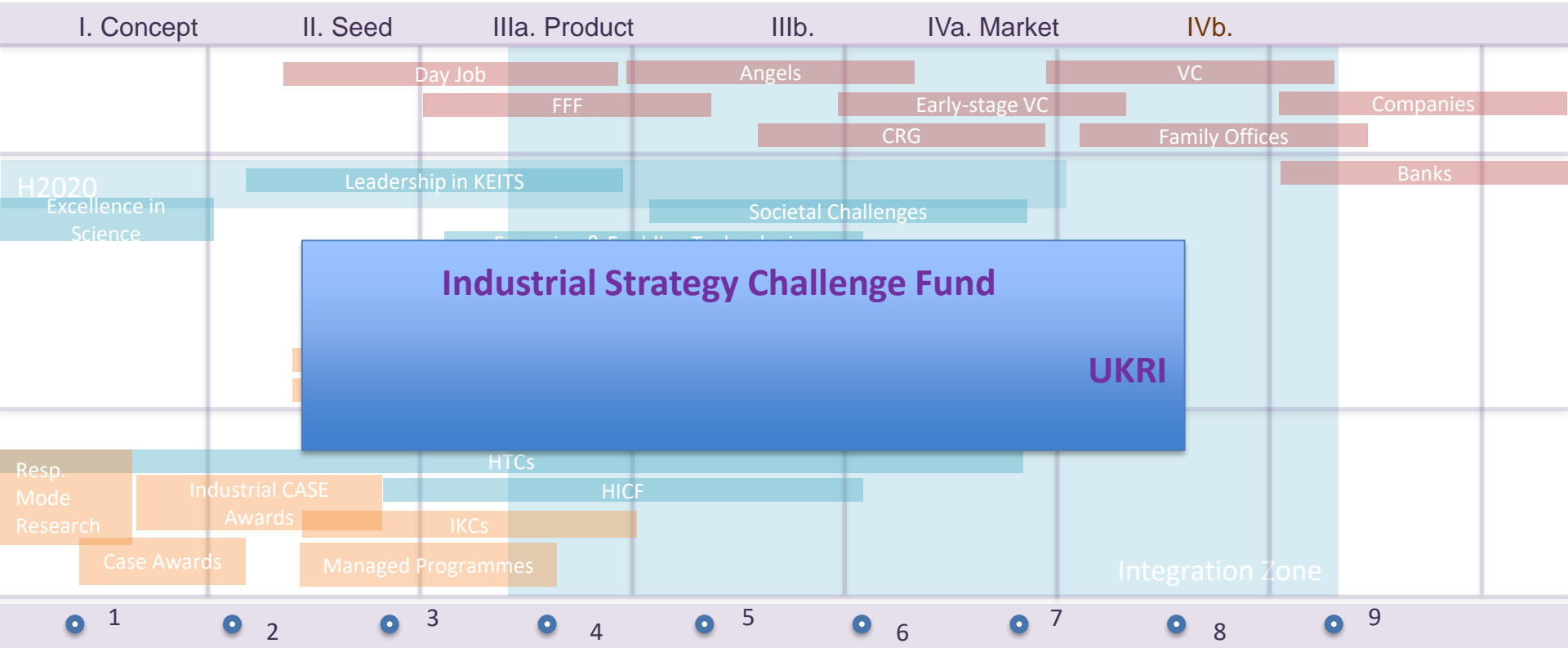
- Access to grants (all relevant grants) and assets
- Access to funding and finance (private finance)
- Building the best consortium
- Building the best application
- Connecting through a supply chain (B2B, A and C)
- Connecting across sectors and technologies
- Signposting through innovation landscape
- Awareness of new market opportunities
- International innovation opportunities (Newton, Prosperity, Expert Missions)

KTN Health Typical Month

- Approx 50 business visits
- 1-4 Innovate UK/KTN events (deep-dives, competition briefings, consortia building, community building)
- Review of proposals
- Leadership Council support (MMIP, but also IBLF, SBLC, AMLC, CGP, etc.)
 - Advanced Therapies Task Force
- Government support
 - SBRI (EAHSN)
 - NIHR – MICs
 - NHSE – AHSNs
 - DAs – Scotland, Wales and Northern Ireland

Innovation Funding

Integrated Public / Private Funding Strategy – Health Focus



Digital Health Technology Catalyst R4

- £5m available (typical projects £300k to £1m)
- Opened February 11th (for 6 weeks)
- UK SME's must lead – MUST be collaborative
- No Feasibility Study stage in round 4
- Funded support from NICE and DataLab to help projects add value
- Typical Tech – AI, VR & AR, IoT enabled, informatics and data analytics

Digital Health Technology Catalyst R4 Scope (includes but not limited to)

- Clinical decision support
- Systems that improve access to healthcare or treatment compliance
- Enable patient led management
- Digital technologies and products which help overcome privacy challenges of managing, sharing and exploiting data
- Projects addressing the patient-led experience from prevention, through diagnosis, treatment and recovery, to long-term care
- Applications of technology to health challenges where digital solutions offer and can demonstrate significant improvements in quality, speed, cost, outcomes and learning



Questions?

David Calder

Health and Care

Knowledge Transfer Network

David.calder@ktn-uk.org • 07972 350205

Innovate UK: Healthy Ageing

- Call has been delayed, perhaps until Summer 2019
- Various reasons but suspect a combination of factors including insufficient industry interest, too complex, too much risk
- Still have £98m
- Still 3 years (from 1st April'19)
- Planning a quick survey to inform the business case (for the call)
- Maybe see a larger number of projects/a different dynamic
- Are really keen to make it work, not just about getting the £s out

- Healthy Ageing Innovation Cluster & UHI ecosystem for updates
- To join the Cluster contact DHI at support@dhi-scotland.com
- <http://dhi-scotland.com/healthy-ageing-innovation-cluster/>

Karen O'Hanlon, Business Development Manager, SRHP
SRHP@uhi.ac.uk
www.uhi.ac.uk/SRHP

- Don't miss out, become a SRHP member today!

Healthy Aging

A Highlands and Islands perspective

Prof Sandra MacRury
Academic Lead SRHP

What does
healthy aging
mean
?



6 KEYS TO HEALTHY AGING


1. BALANCED DIET
2. CUTTING OUT SUGAR
3. REGULAR EXERCISE
4. REDUCE STRESS
5. CHALLENGE YOUR MIND
6. REGULAR CHECK-UPS



Patrick P. Coll
Editor

Healthy Aging

A Complete Guide to Clinical Management





Forum 2019

Maximizing potential: promoting healthy aging
Maximiser le potentiel : promouvoir le vieillissement en santé

Charlottetown, PEI • June 27 - 29 | Charlottetown, Î.-P.-É. • 27 - 29 juin



OCOHI
OUR COMMUNITY, OUR HEALTH

HEALTHY AGING
Evidence-Based Lifestyle Interventions

January 22, 2019
2401 SW Archer Road, Gainesville, FL
6-7 p.m. EST



Healthy Aging Speaker Series

DIABETES PREVENTION
with Chris Savidge
Thursday, February 21 at 2 p.m.

Free to attend, but register at the Public Services Desk or call 705-445-1571



HEALTHY AGING

COMMUNITY FORUM



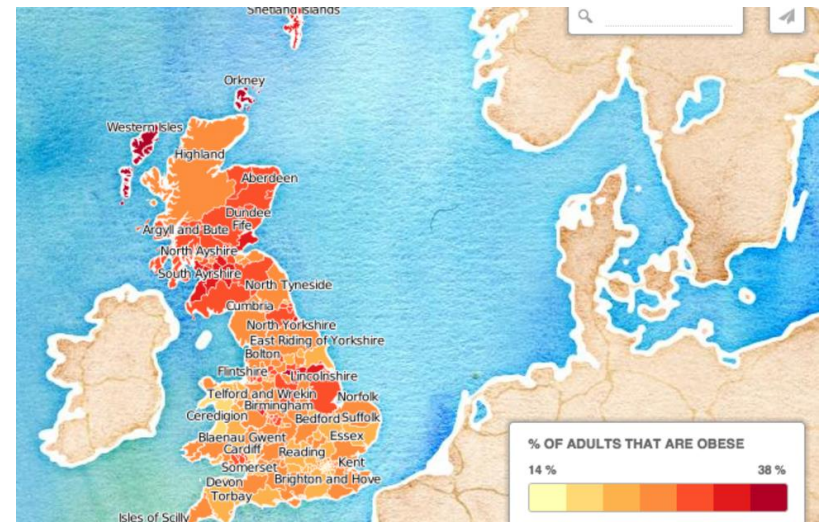
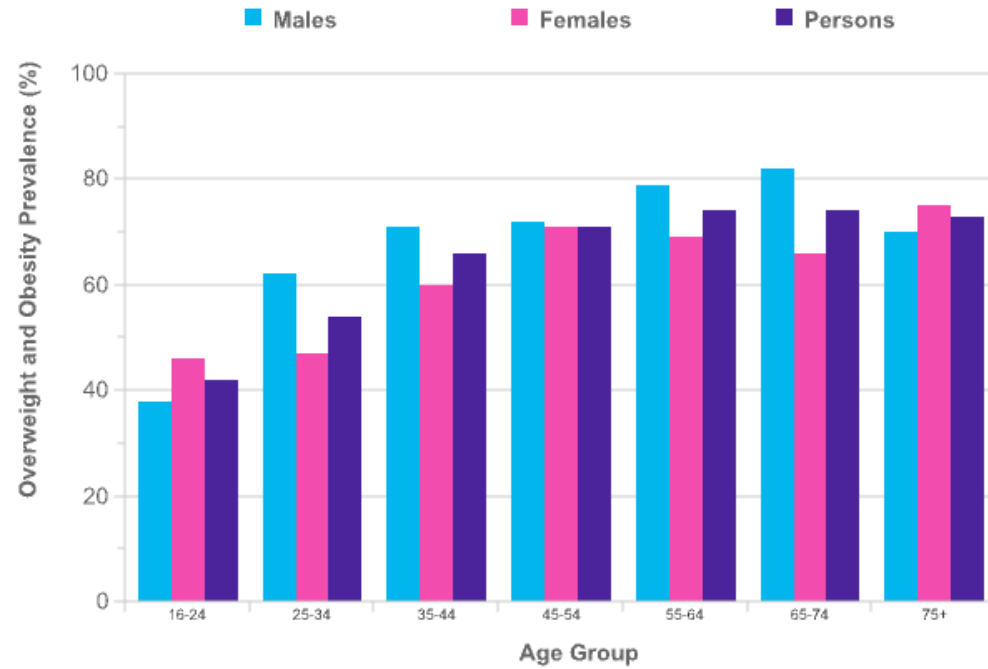
Disability
Diabetes
Depression
Dementia



Balanced Diet
Physical activity
Social interaction

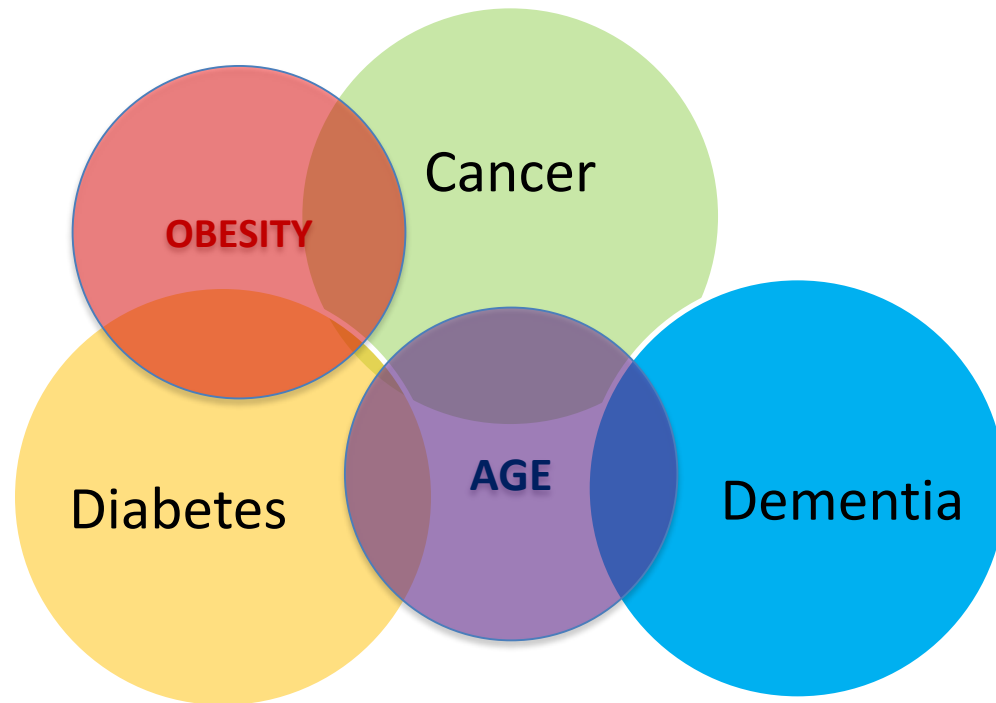


Obesity

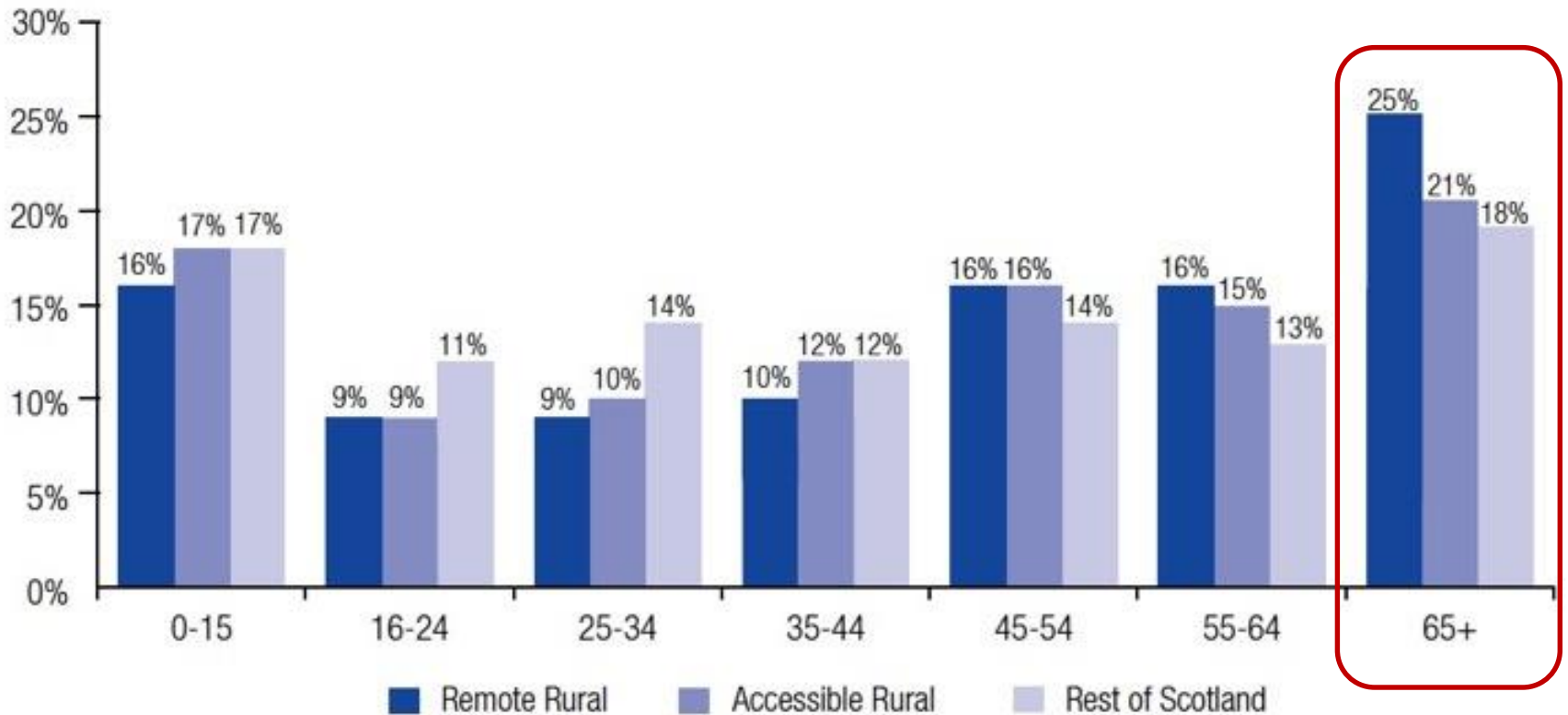


Aging and Obesity

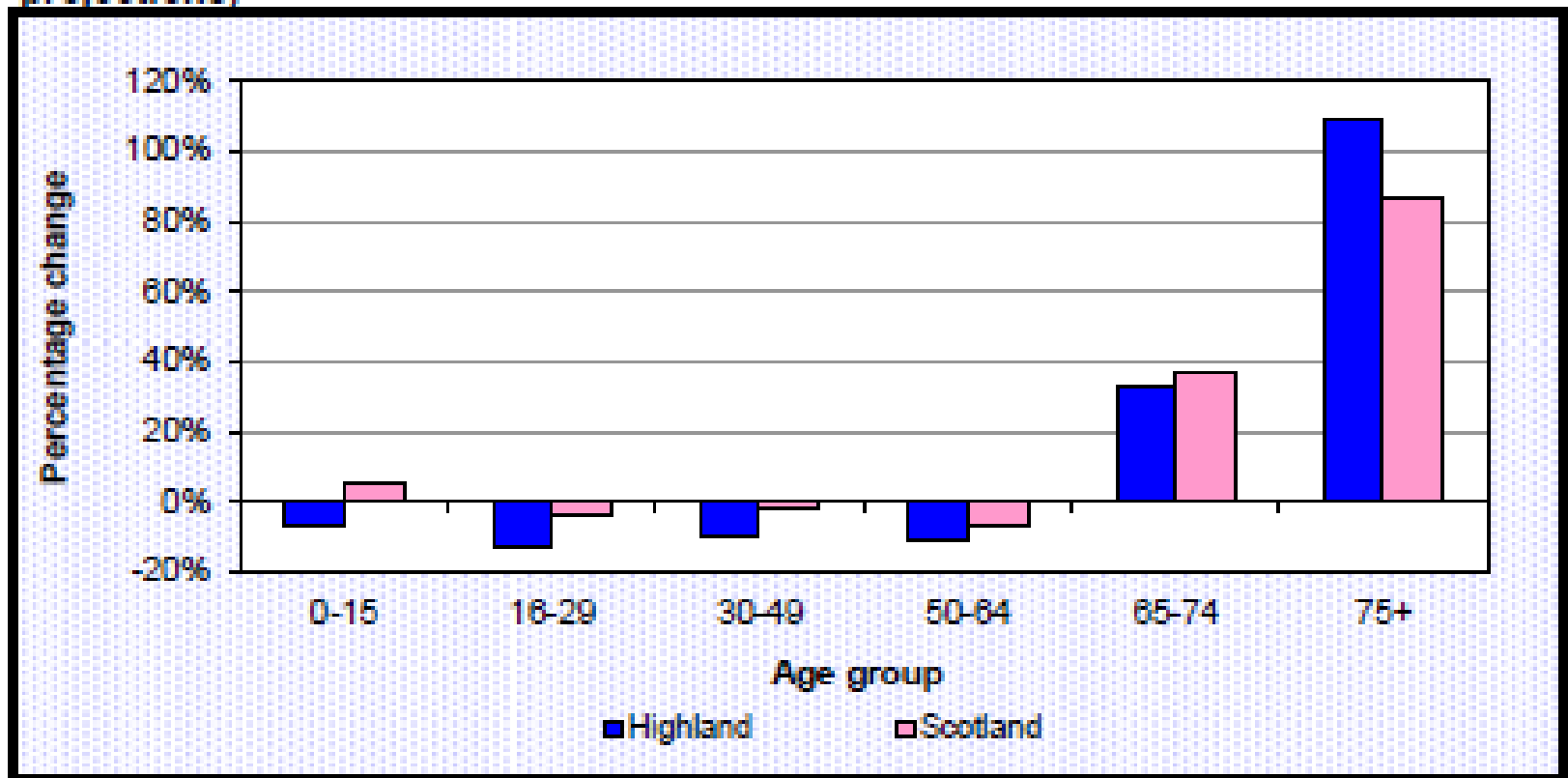
- Diabetes
- Dementia
- Cancer



Demographic



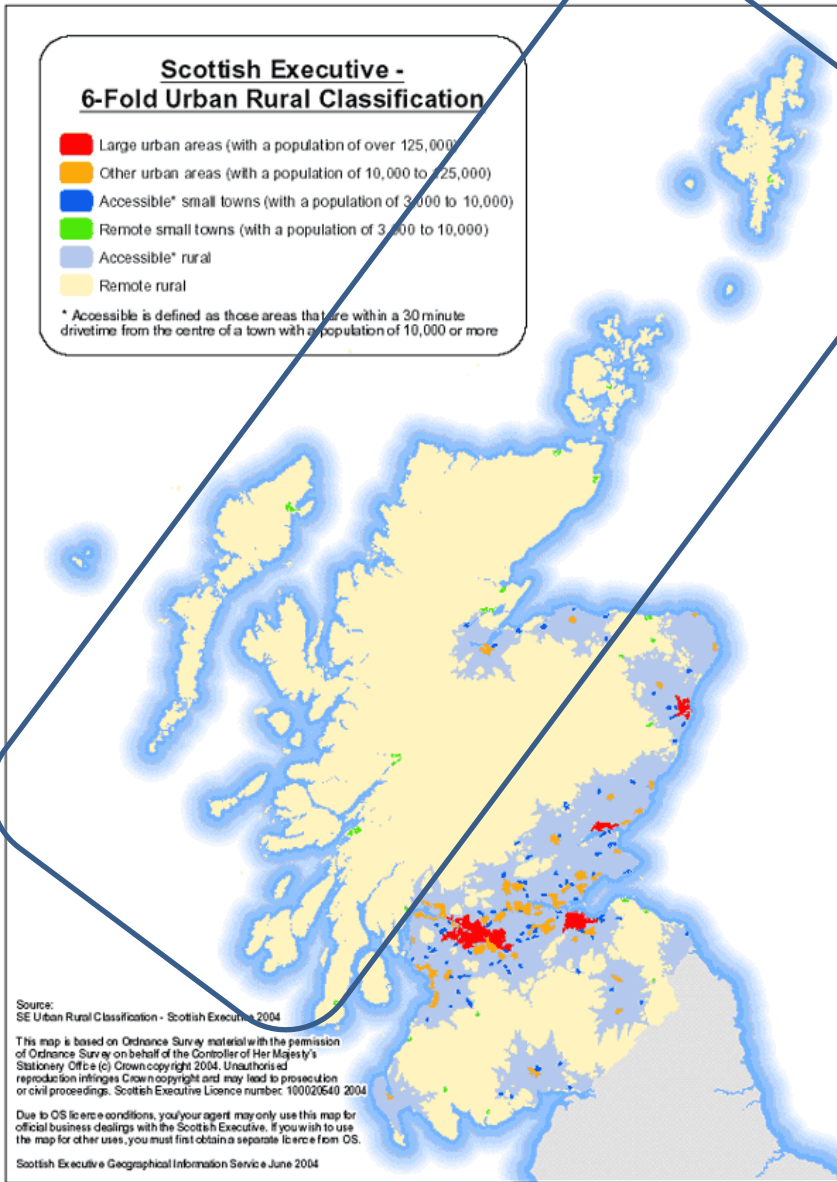
Percentage change in population in Highland and Scotland, 2012-2037 (2012-based projections)



Scottish Executive - 6-Fold Urban Rural Classification

- Large urban areas (with a population of over 125,000)
- Other urban areas (with a population of 10,000 to 125,000)
- Accessible* small towns (with a population of 3,000 to 10,000)
- Remote small towns (with a population of 3,000 to 10,000)
- Accessible* rural
- Remote rural

* Accessible is defined as those areas that lie within a 30 minute drivetime from the centre of a town with a population of 10,000 or more



Source:
SE Urban Rural Classification - Scottish Executive 2004

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Scottish Executive Geographical Information Service June 2004



The Annual Report
of the Director of
Public Health



2016

Loneliness
and Health



Public
Health

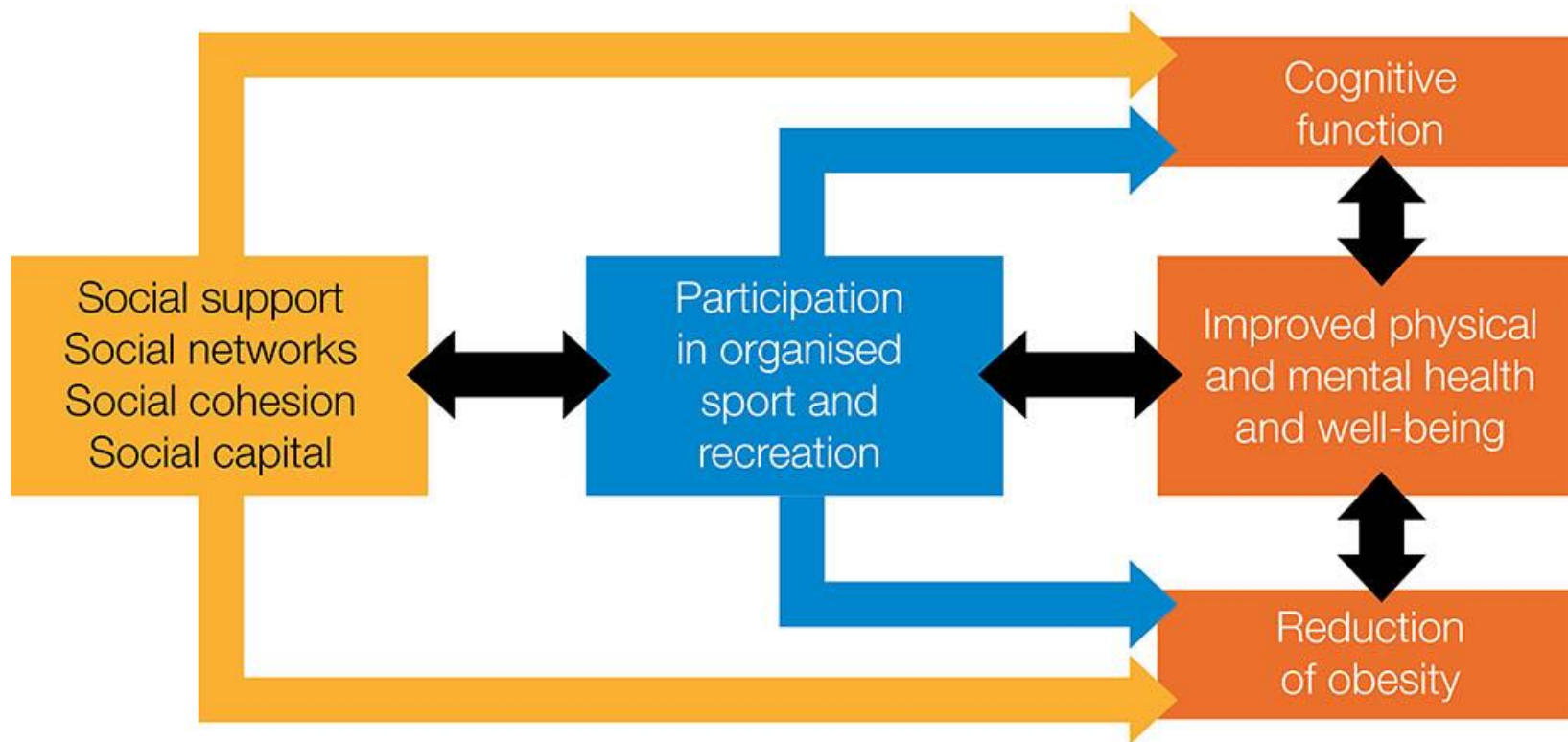


Dementia-friendly rural communities guide

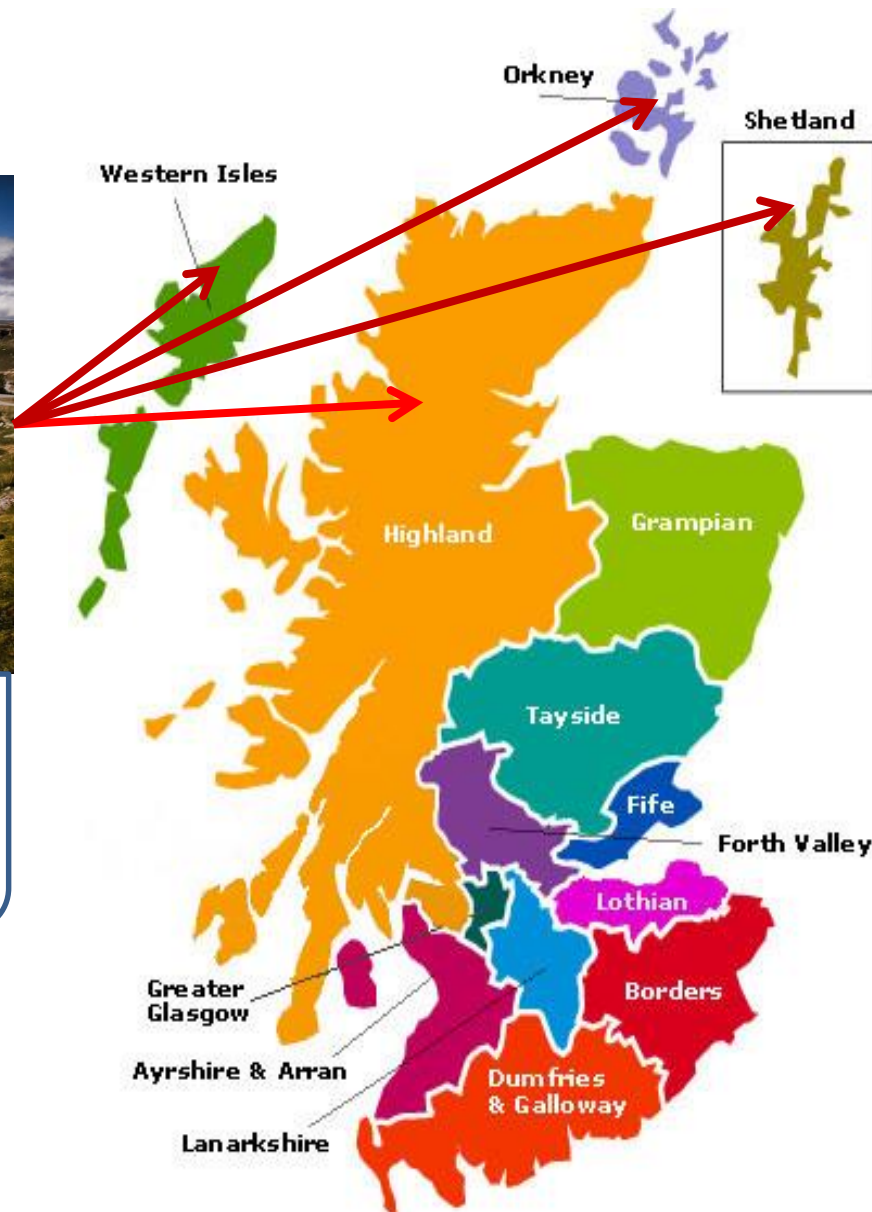
A practical guide for
rural communities to
support people affected
by dementia



Physical and Mental Wellbeing



Rural Context



Aging population
Chronic disease
Mental health

- Recruitment and retention of health and care workers
- Sustainability and cost effectiveness of services

Social Prescribing

Connecting people to non-medical sources,
community resources:

- Self-Management
- Person-centred, tailored
- Ownership

Sign-posting:

- Social/cultural/environmental resources
- **Reduce inequalities**

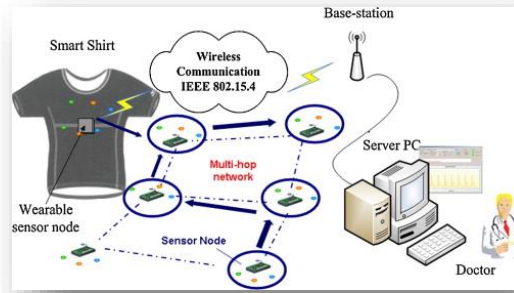
Community Resilience

- Empowering individuals
 - Collective action to increase own and others resilience
 - Come together to identify and support vulnerable individuals
 - Responsibility for promotion of resilience
- Benefits
 - Increase inclusivity and cohesion
 - Reduced health impacts

Smart sensors



FIT HOMES



WEARABLES



Digital Health

Explore emerging digital technologies to improve physical & mental health outcomes

Social Prescribing

Behaviour change

Digital Narrative Approach: DNA

Film, TV, Computer games - narrative strategies engaging participants in health behaviour change and therapeutic interventions

Behaviour Change

NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE

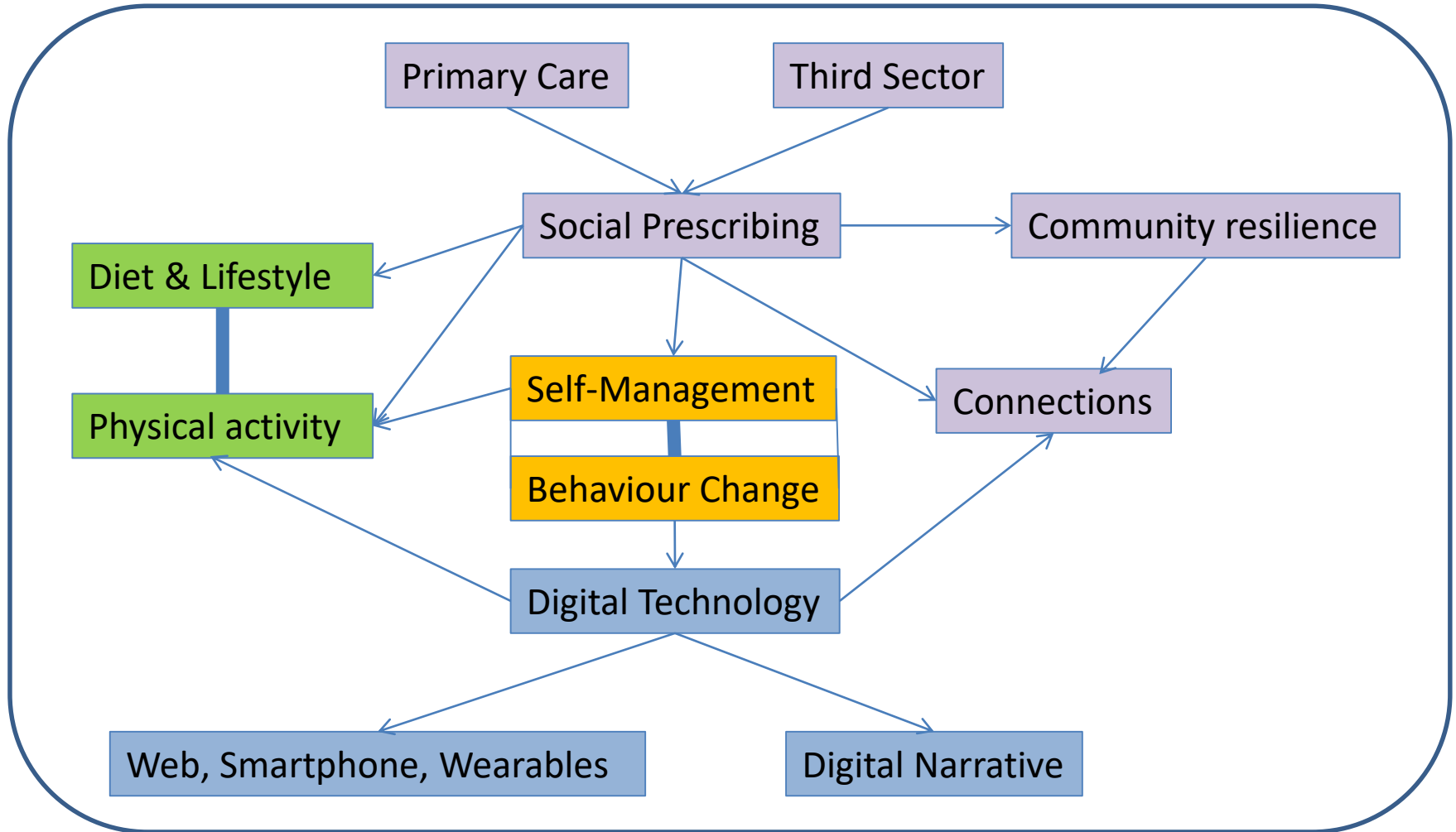
Guideline scope (due 2020)

Behaviour change: technology-based interventions

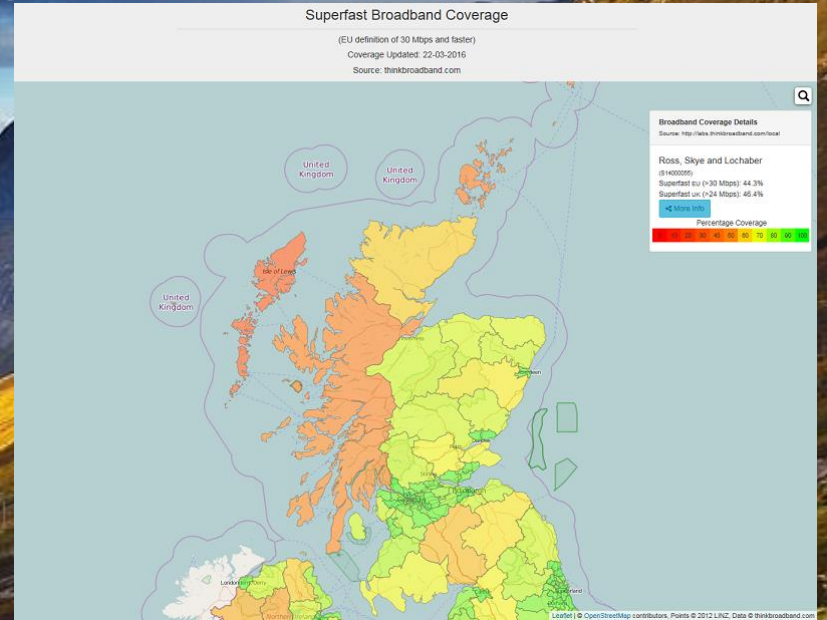
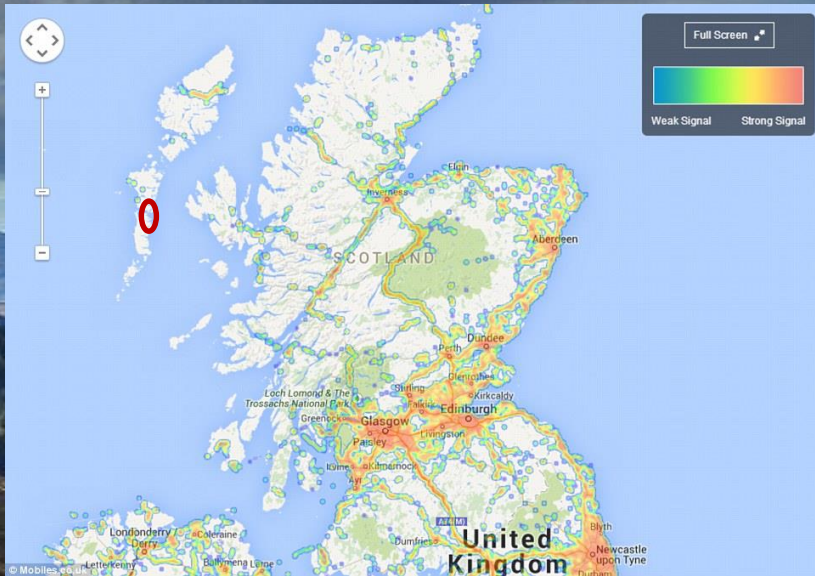
..... **include interventions to change multiple behaviours.....**

.....**the interventions will also focus on strategies to improve mental wellbeing (for example, building resilience..... reducing social isolation).....**

Joining the dots



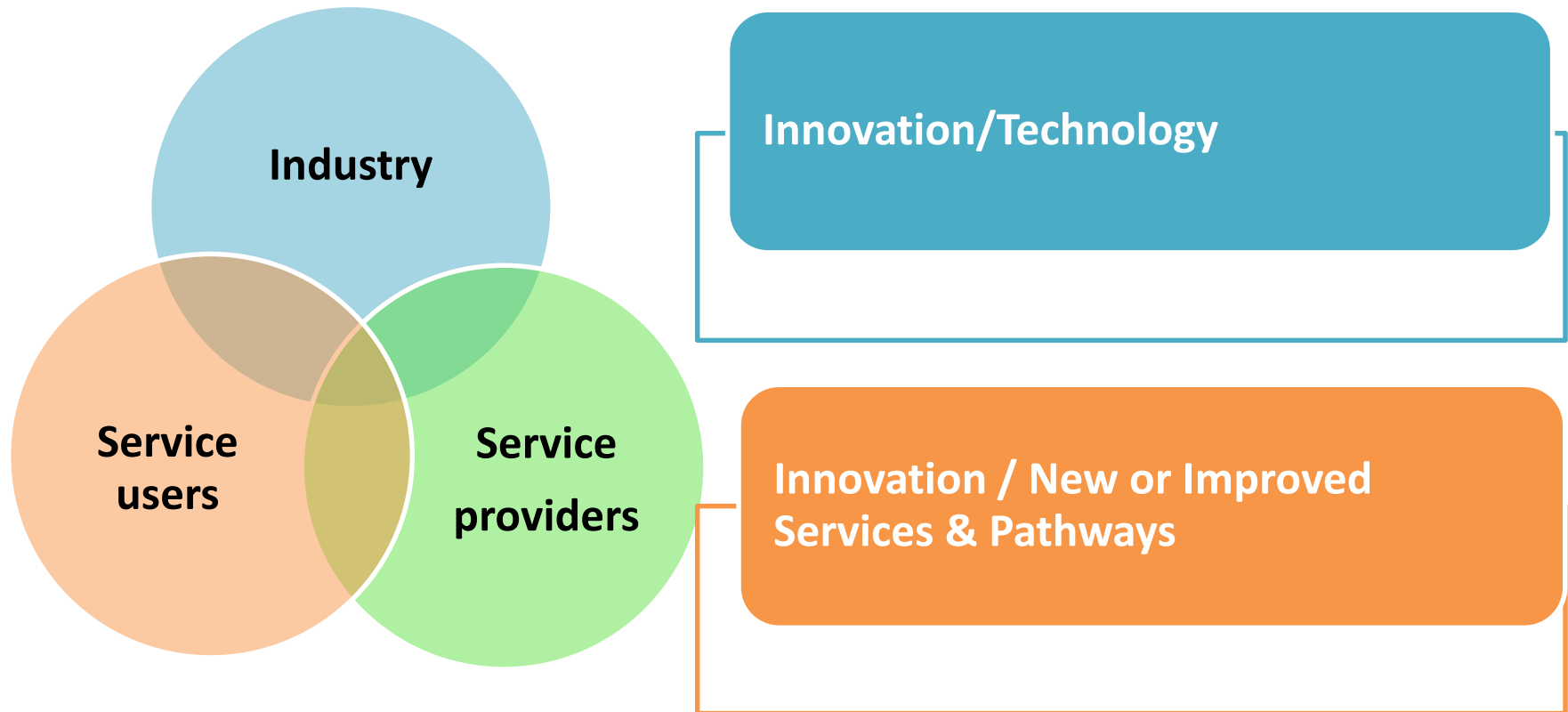
Connectivity



UHI Innovation centre



Cross sector Collaboration



Physical, Social, Economic value

Innovation centre outcomes

25

Exportable
healthcare
improvements
supporting
remote and
rural
community

20

New digital
health and
applied life
science
products

15

Supported
companies
for product
innovation
in the region
and UK

10

New start
companies
from spin
outs or
inward
investment

Active Health Research Facility

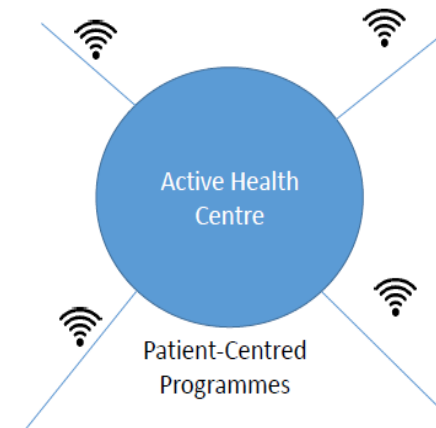
- Cardiac rehabilitation
 - Respiratory rehabilitation
 - Musculoskeletal
 - Cancer patients
 - Pre-habilitation
-
- Improve quality of life
 - Reduce readmissions
 - Increase life expectancy
 - Improve service delivery



Service delivery

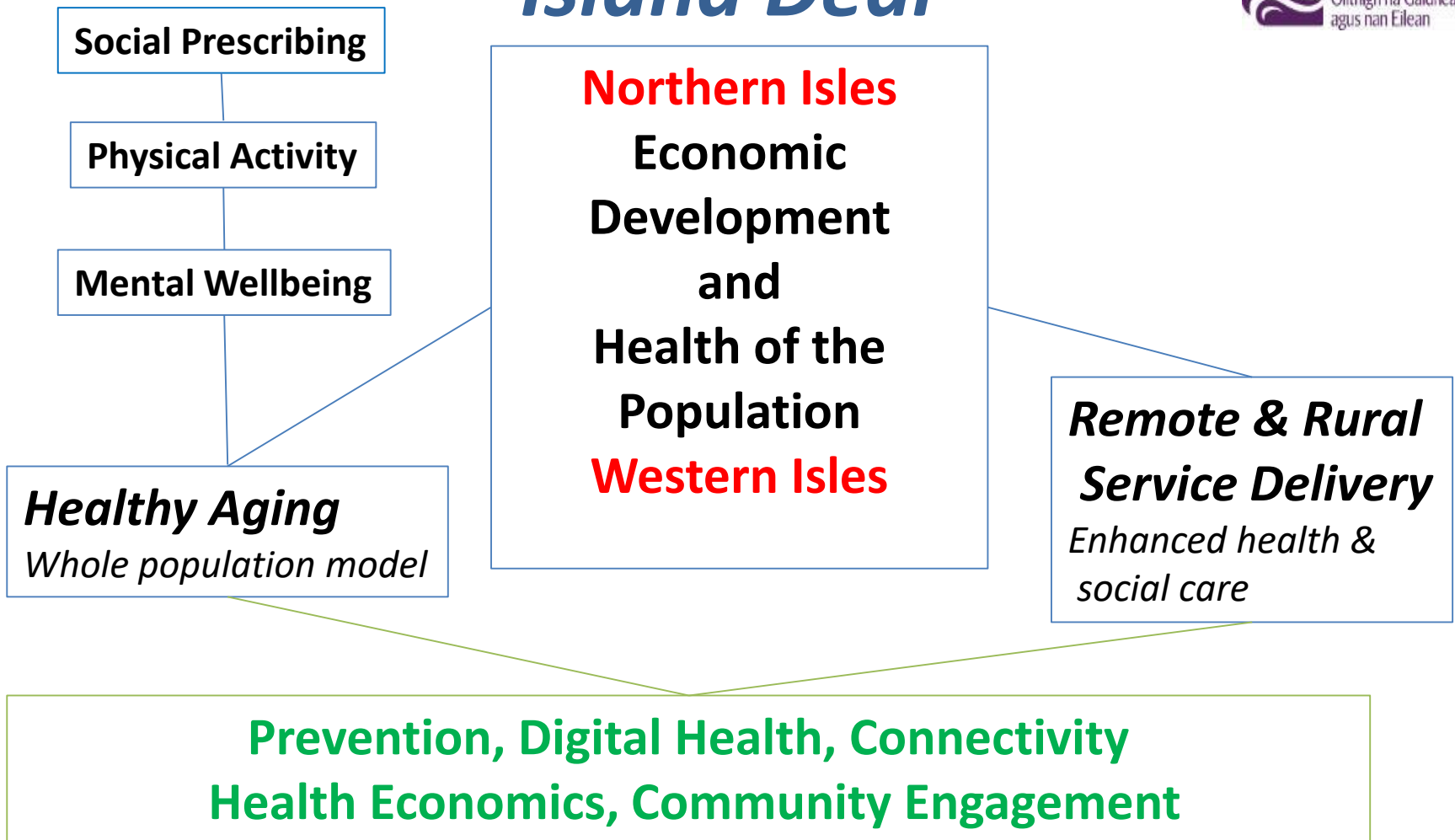


Hub & spoke model



**Teleconsultation
Telemonitoring
Telerehabilitation**

Island Deal



- New and improved service pathways
- Improved individual health and well-being
- Increased community well-being and resilience
- New and increased entrepreneurial activity related to health and wellbeing



HEALTHY AGEING INNOVATION CLUSTER

Moira Mackenzie
Director of Innovation, DHI



Healthy Ageing Innovation Cluster

Purpose

- Collective of shared interest - expertise and skills
- Share information and support knowledge exchange
- Seek & solve demand led challenges
- Host challenge competitions
- Identify funding opportunities

Activities

- Current focus on anticipated IUK Grand Challenges – Healthy Ageing but many other funding sources
- Identify key priorities and collaboration opportunities

Facilitated by.....





Enabling independent living

Next Generation Service
for Healthy Ageing

Connecting People, Improving Lives: A Digital Future for Technology Enabled Care (TEC)?

**1.7
million**

Vulnerable people rely on telecare in the UK



Common devices include **pendant alarms** and **fall detectors**



Technology Enabled Care (TEC) helps people live independently at home, avoiding **homecare**, **care homes** and **hospital**

Most telecare connects via **telephone lines** to one of the UK's

240+

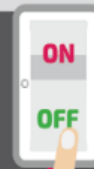
monitoring centres



BUT by **2025** all UK analogue telephone services in the UK will be **SWITCHED OFF** and



**REPLACED
BY DIGITAL
CONNECTIONS**



If telecare providers don't **upgrade** from analogue to digital

BY 2025



then many people could lose the technology that keeps them safe

Any loss of TEC would put pressure on health and social care



Yet action is **slow** and **uncertain**

TSA 2017

1st



Ageing Society

We will harness the power of innovation to help meet the needs of an ageing society.



Healthy ageing (up to £98m)



What is Healthy Ageing?

- WHO Definition of Healthy Ageing – the process of developing and maintaining functional ability that enables wellbeing in older age

IUK NEWS (Nov 2018)

IUK Challenge Vision: People will enjoy 5 more years of healthy independent life by 2035, with the gap between the experience of the richest and the poorest narrowing

THEMES?

- Sustaining physical activity
- Maintaining health at work
- Designing for age-friendly homes
- Managing common complaints of ageing
- Living well with cognitive impairment
- Supporting social connections
- Creating healthy and active places

←

Positive Disruption of existing Models of Care

<http://dhi-scotland.com/healthy-ageing-innovation-cluster/>



NGS Final Animation - Aug 2018

00:01:05

People can take their blood pressure and upload readings whilst out and about.

10 30

00:01:21



Next Generation Service for Health Ageing

Our aim is to extend healthy independence through developing a new digitally enabled and integrated service model to address key issues such as:

Frailty

Long term conditions

Co-morbidities

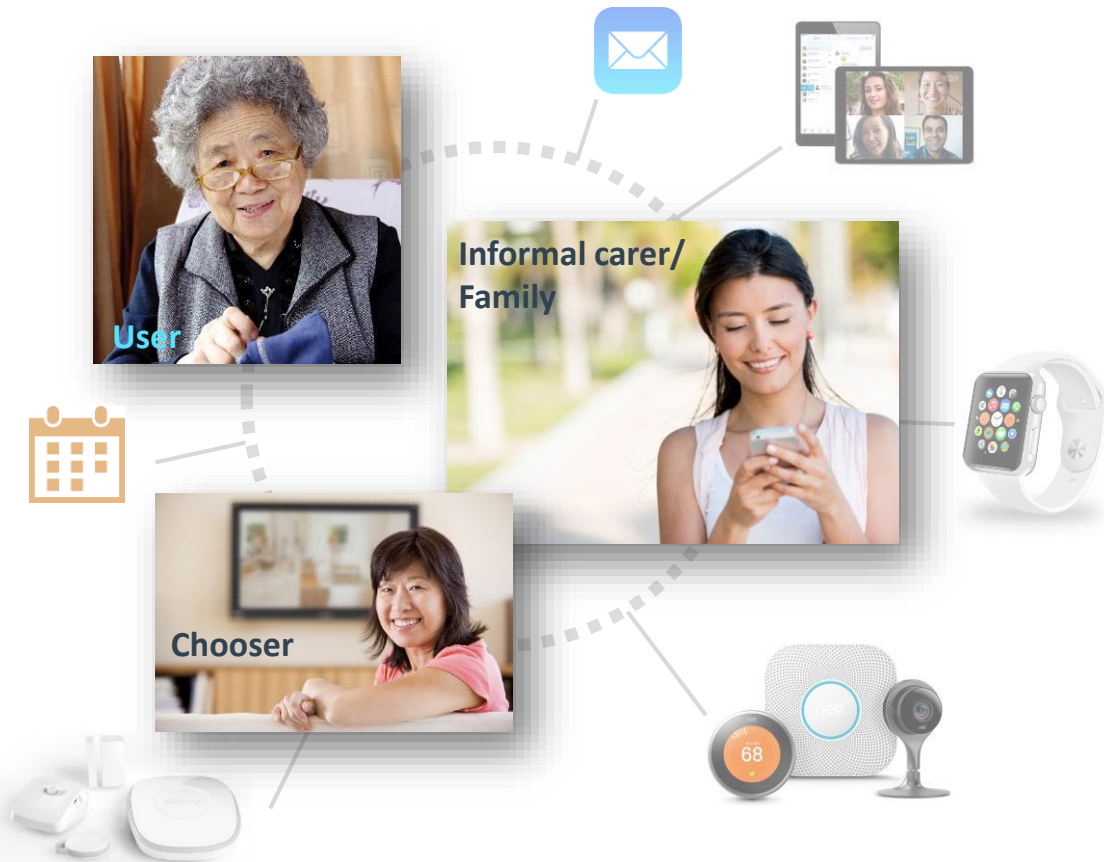
Loneliness



We will do this by delivering:

1. A Blue print for a proactive, personalised, predictive Healthy Ageing service model
2. The foundation for advanced healthy ageing analytics
3. Accelerated market access for third party technology & service innovations

New service model which brings the whole network together



The connectivity of IP has the power to deliver a wide range of possibilities within Independent living – for users, choosers and formal and informal carers.

There is growing consumer interest in health and well being applications and services.

Business models are changing with data as the crucial element rather than hardware of software products.

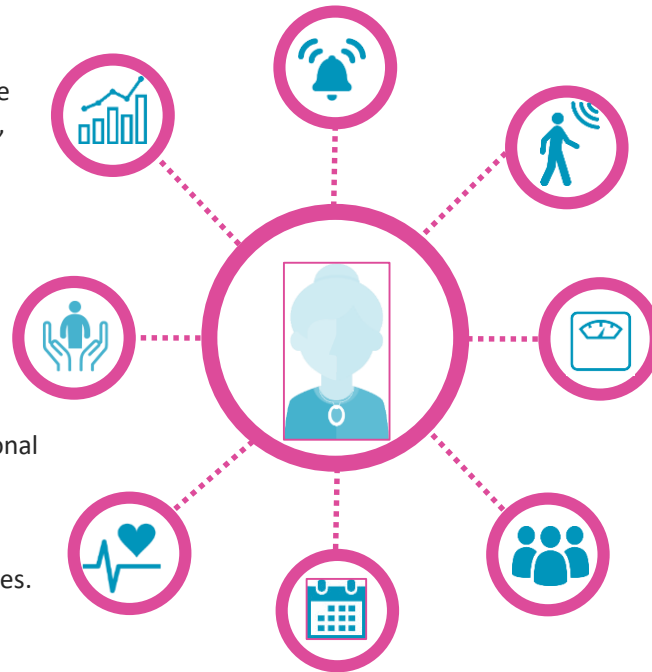
Personalised, connected healthy ageing services

Services in the home:

- Extension of environmental and personal sensors use for domestic and personal adverse events (gas leaks, water, fire, falls, movement, medication, epilepsy crisis, enuresis, etc.)
- Continuous remote monitoring to define activity patterns and increase predictive capabilities

Health Programmes:

- Appointment Scheduling & Reminders
- Integration between platform and EHR
- Definition of processes and protocols for integrated health and care pathways, transitional services and referral processes
- Remote tele/video consultations
- Physical and functional tele-rehabilitation
- Telemonitoring for people with chronic diseases.



Services outside the home:

- Mobile technologies with geolocation
- Monitoring on the move
- Digital Inclusion/skills programme

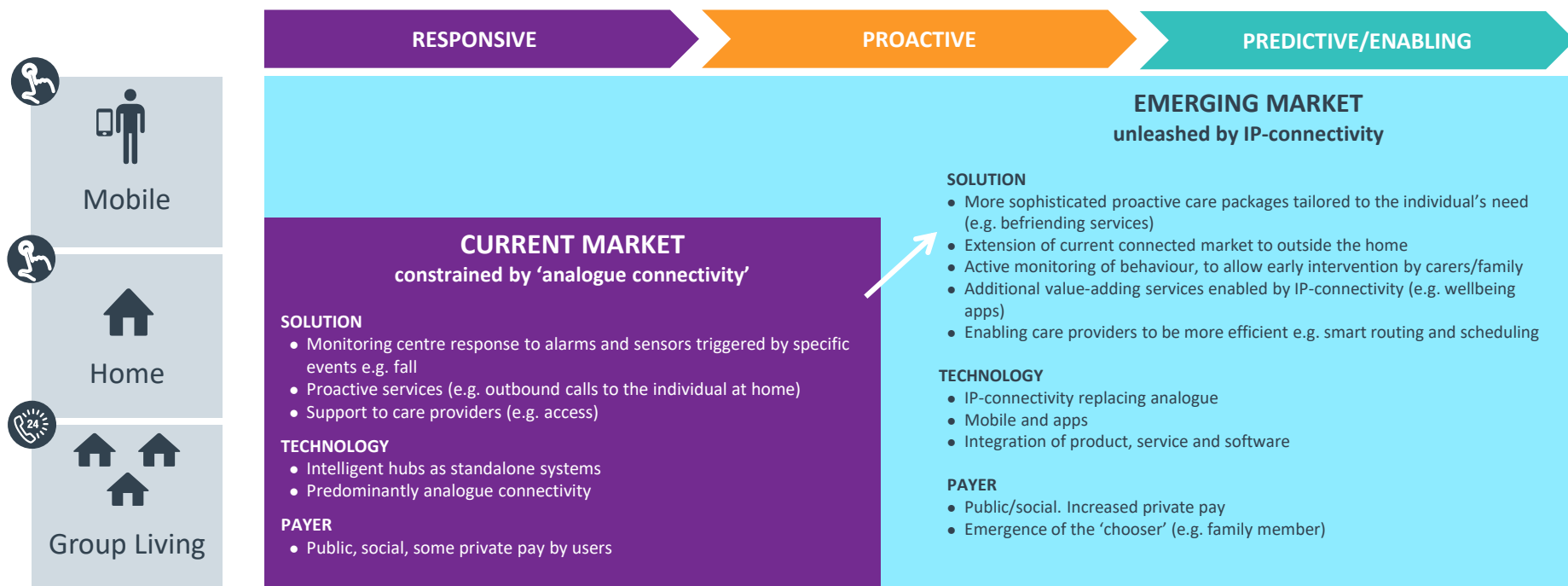
Care Programmes;

- Early detection and prevention of cognitive impairment.
- Carers support programmes
- Tele-visits
- Special protocols:
 - End of life care.
 - Abuse prevention.
 - Suicide prevention.
 - Contingency and major disaster management

Social connections;

- Active and Healthy Ageing Promotion
- Cognitive Tele-stimulation/Games
- Social networking/video calls

IP connectivity is transforming market from responsive to predictive

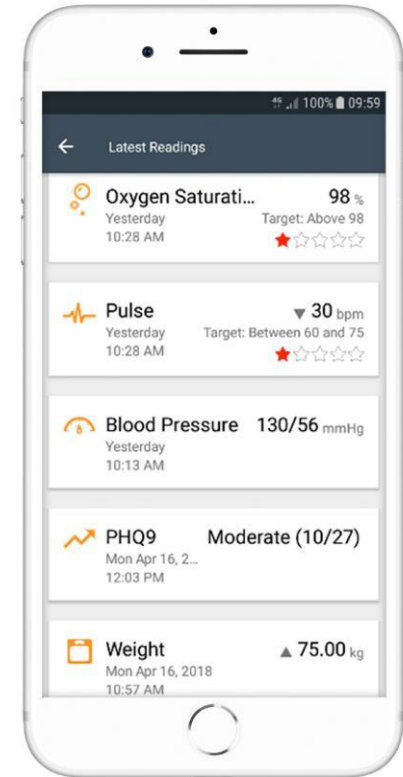
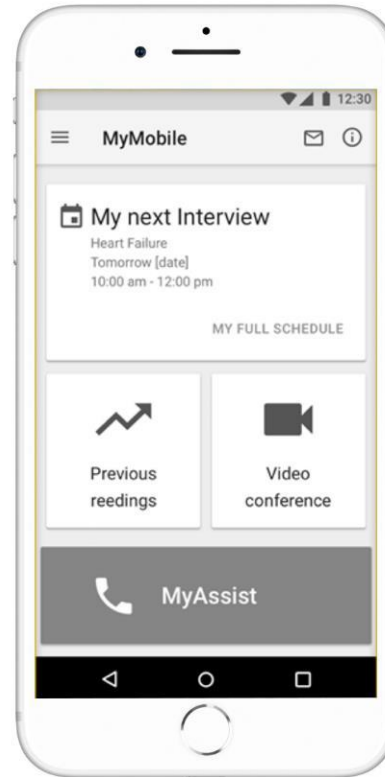


Developments in technology, such as mobile capability and increased connectivity are stimulating the transition towards more proactive and predictive/enabling care, by increasing the value of these new models of care to key stakeholders

Service Users and their carer network engaging with Care data

Enabling self-management

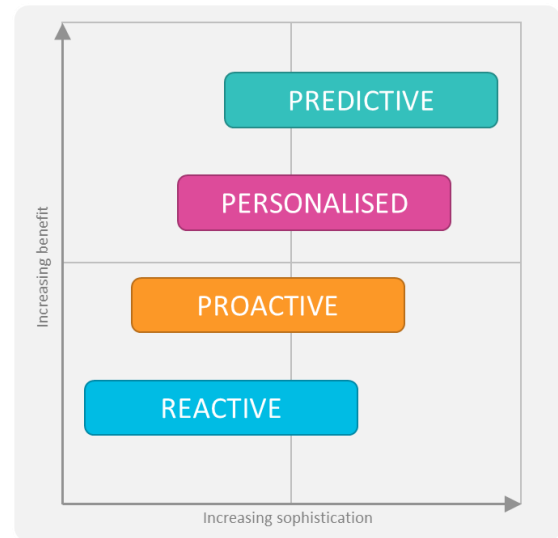
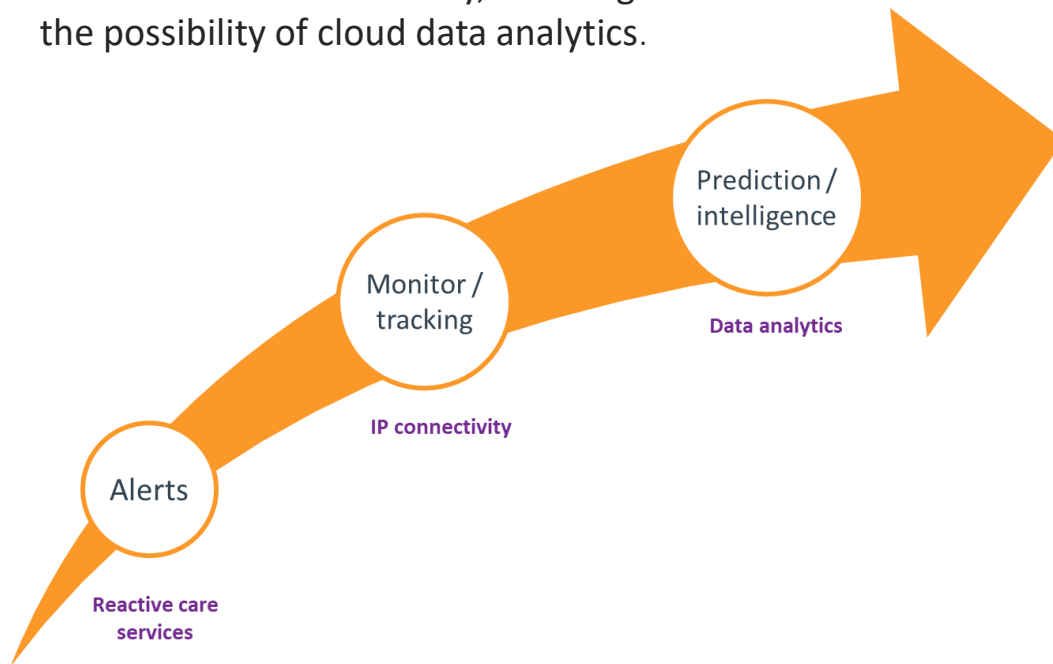
- Easy to use and intuitive **Service User App**
- **Automated Alerts** and ability for **Manual Entry** of BYOD expanding variety of devices utilised
- **Care & Health Questionnaires** for non-device related care and wellbeing information
- Bi-directional **Messaging** for interactive service users and support network communication
- **Video Conferencing** improving service user / patient interaction
- Citizen view of **Monitoring Results**
- **Bluetooth low-energy** service user extending life between charges and improving usability



Private and Confidential

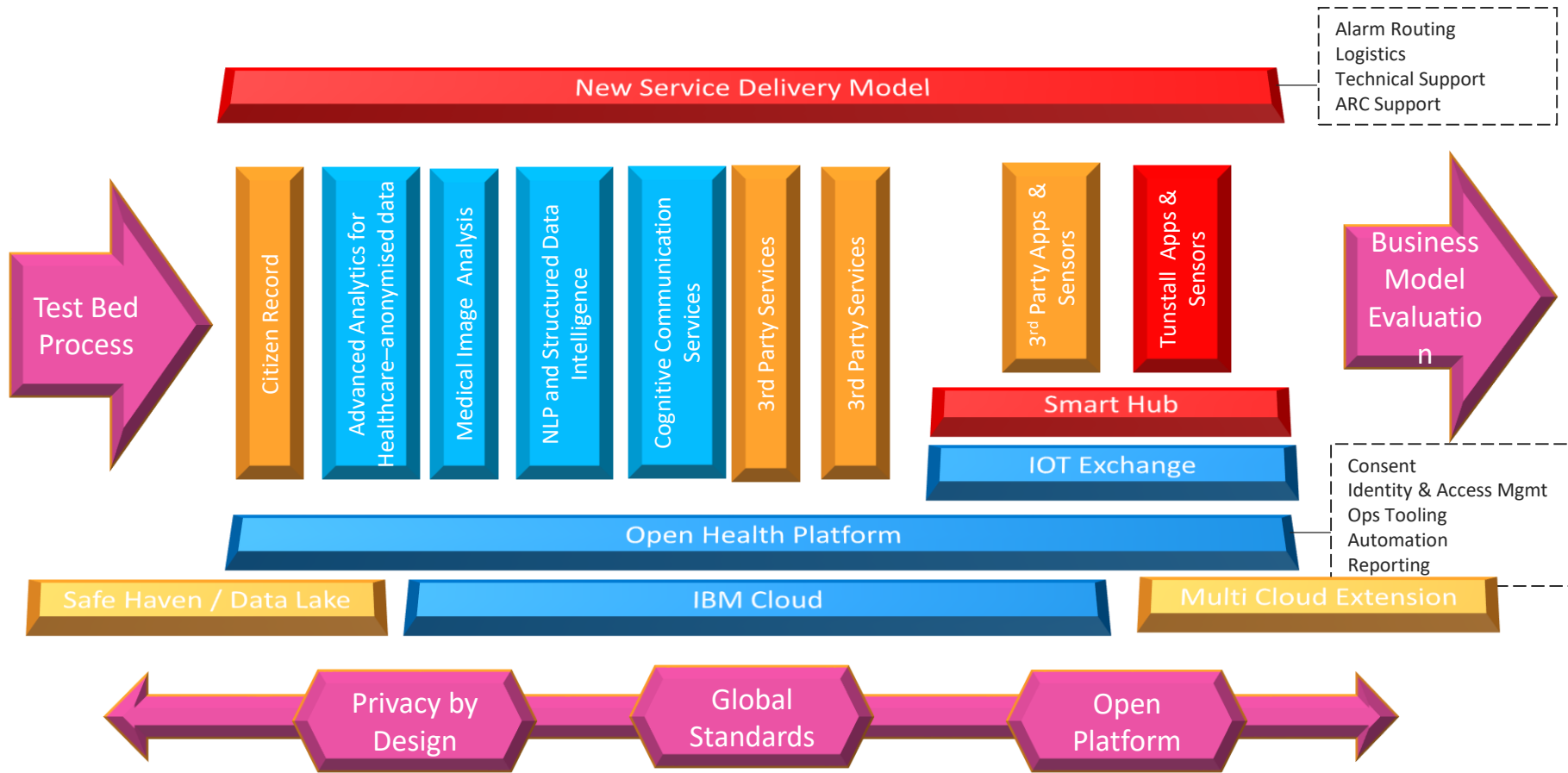
Where is the journey taking us?

IP unlocks great potential to combine mass data and connectivity, enabling the possibility of cloud data analytics.

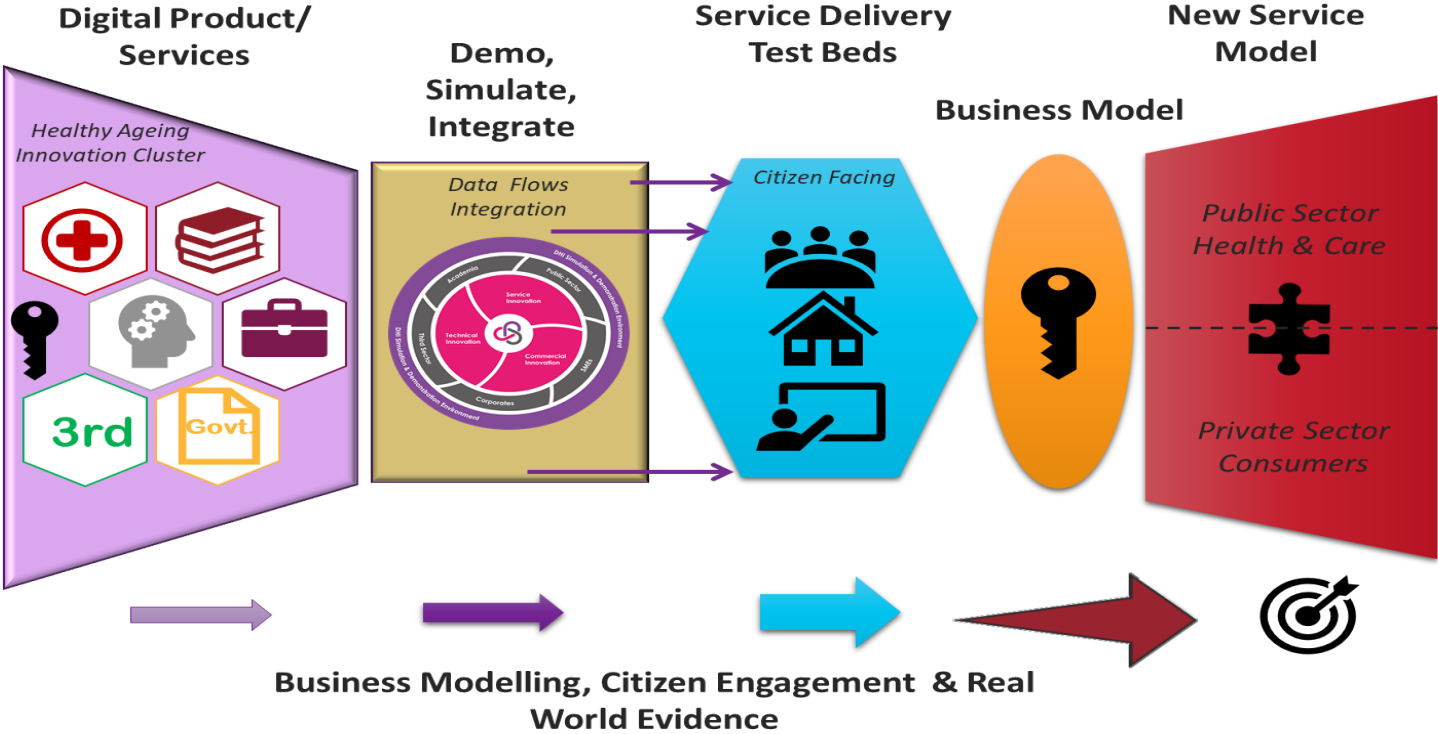


Predict events before they happen, highlight increased risk of falls or issues around the home

Advanced Analytics Platform for Healthy Ageing Service



Integrated and accelerated marketplace



Thank you

moira.mackenzie@dhi-scotland.com

Twitter: @mackmoira

6
3

Taking the first steps towards healthy ageing – the user's perspective

John MacDonald - SCVO





APower

Healthy & Connected Communities



A project supported by the European Union's INTERREG VA Programme, managed by the Special EU Programmes Body (SEUPB)



What is mPower?

Healthy & Connected Communities

- EU funded 5 year project; 2017 to end of 2021
- Northern Ireland, Republic of Ireland and Scotland
- Supporting older people (65+) living with long-term conditions
- Reducing un-necessary presentation to primary care
- Enabling people to live well, safely and independently in their own homes
- Supporting self-management of their care in their community
- Reducing isolation and the impact of loneliness



Southern Health and Social Care Trust



Western Health and Social Care Trust



Rationale for mPower

- Demographics
- Increasing demands on GPs
- Loneliness and Isolation
- Historical silo based models
- Health and digital literacy
- Chronic Illness

60%
deaths
due to
LTC

By age
65, 66%
people will
have 1 or
more LTC

80% GP
consultations
relate to LTC,
with 30% not
medically
required

RCGP:
900 GPs
short by
2020

Did you KNOW



70-80%

People **can** self- manage if provided with the **right** information and support

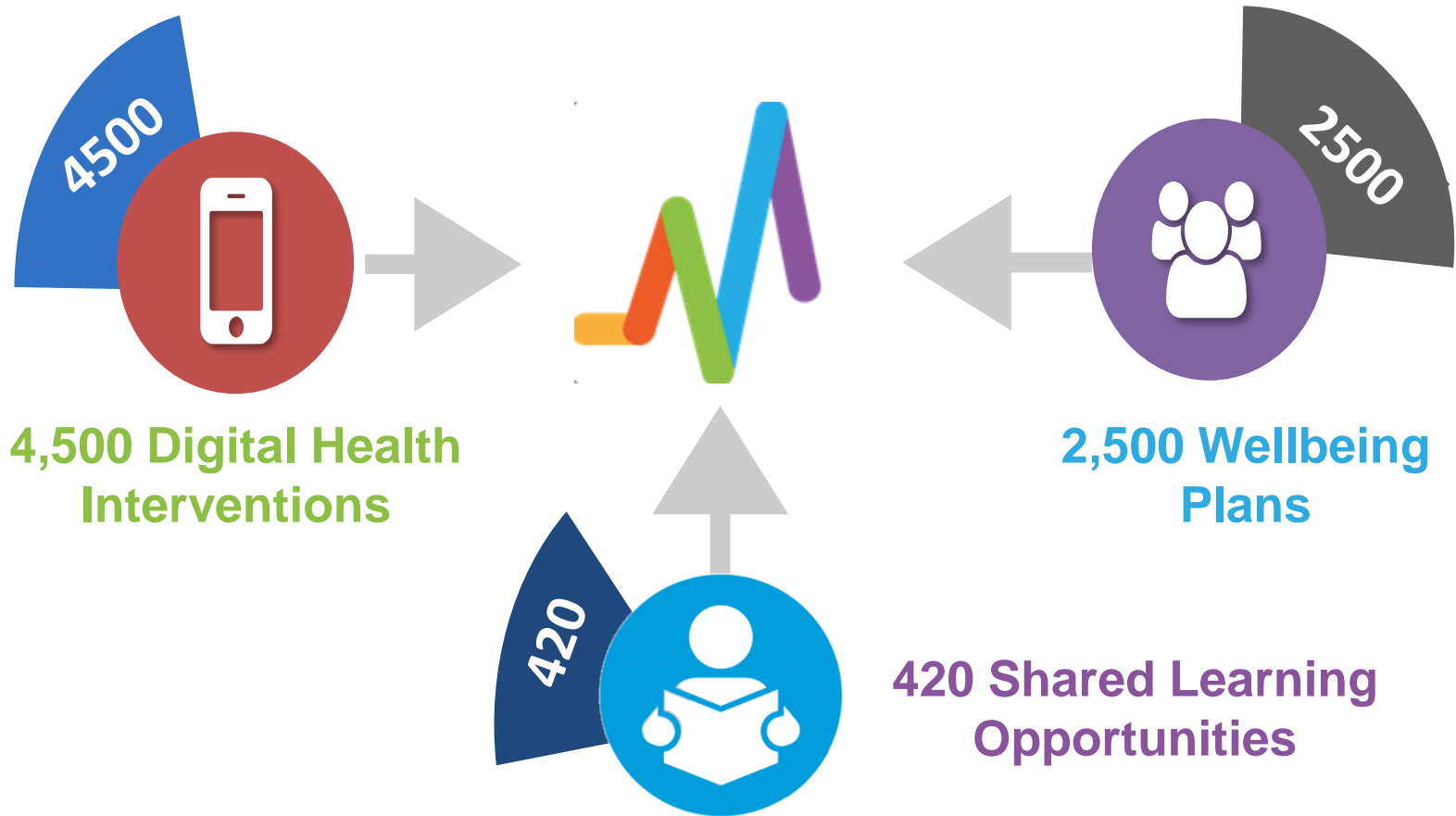


Kings Fund- 10 priorities for Commissioners (2015)



A project supported by the European Union's INTERREG VA Programme, managed by the Special EU Programmes Body (SEUPB)

What are mPower's key targets?



How will mPower's objectives be achieved?

- Establish cross sectoral collaboration across Republic of Ireland, Northern Ireland and Scotland to support greater mobility, confidence and reach of health & care professionals and services;
- Effectively engage individuals, community organisations and services in redesign of health and care services.
- Employing Community Navigators to work with people to develop wellbeing plans that connect to community activities
- Employing Implementation Leads to connect services to new technology that support health and wellbeing

How will mPower's objectives be achieved?

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Social Prescribing

- Non medical interventions aimed at connecting people with their communities
- Recognises that people's health and wellbeing is determined by a range of social, economic and environmental factors
- Seeks to address people's needs in a whole person or 'holistic' way
- Can involve a variety of activities which are typically provided by voluntary and community sector organisations.
- Aims to connect people to others and reduce the isolation that can manifest in loneliness which exacerbates LTC management

What does Social Prescribing look like?

Music, Dance &
Arts activities



Befriending



Group learning;
Walking groups;
Games / Sports



'Men's Sheds'



Social Groups: Knit
and Natter; Book
clubs; Cookery



Volunteering;
Time banking



Benefits of Social Prescribing

- More independence
- Less intensive supports
- Better self management
- Less Hospital usage
- Less isolation



British Journal of Community Nursing May 2016 Vol 21, No 5

What is eHealth (Digital Health)?

For mPower eHealth (often now called Digital Health) can be broken down into three areas of focus:



Home & Mobile Health Monitoring (HMHM)

- Monitoring devices (remote and self managed)
- Text updates, support & encouragement e.g. Florence



Video Enabled Care (VEC)

- Health professional direct to patient's home, one-to-one
- Specialist to patient in remote practice with additional health professional support in room



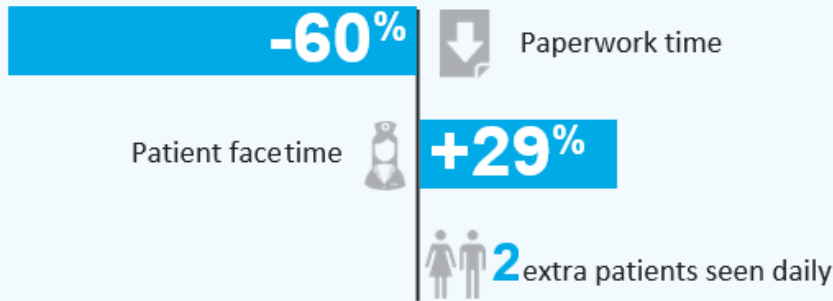
Digital Health Applications (Apps)

- Health professional recommended apps
- Self selected apps supporting self-management

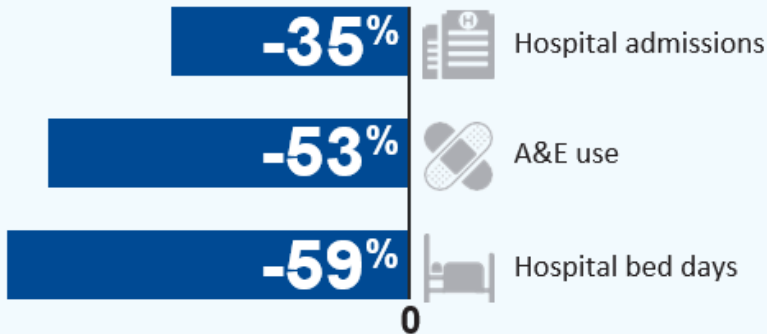
Why use digital health?

Evidence of health technology benefit for providers

A mobile working solution for community nurses



A telehealth hub across 210 care homes



Evidence of health technology benefit for patients



Patients using technology to manage their COPD:



Deloitte 2015 – Connected Health

mPower approach to mobile and digital apps

