

Please find below the latest edition of our Advanced Practice Programme Newsletter. We would appreciate if this could be circulated widely with your colleagues.

Department of Nursing and Midwifery, University of the Highlands and Islands



## Advanced Practice Programme Newsletter

Advanced Nurse Practitioner and Advanced Professional Practice – May 2020



Welcome to the third edition of the Advanced Practice programme newsletter. This collaborative newsletter will share information and news in relation to the Advanced Practice programme including educational opportunities, events and news stories.

### COVID Update

We have all been impacted by the current unprecedented circumstances in one way or another. Being acutely aware of the demands on our postgraduate students we have been providing ongoing support, information, and enhanced levels of communication with students. Students in a position to continue with studies are being supported to do so. For a few this has not been possible, and they will have opportunity to join a future cohort.

We do expect to provide a full diet of Postgraduate (PG) modules in the new academic year. Details can be found [here](#).

### Course Enquiries

Phone [01463 279190](tel:01463 279190)  
email [info@uhi.ac.uk](mailto:info@uhi.ac.uk)

### Follow us



## Postgraduate Team Personnel Changes

In March we said farewell to Jo Smith who moved to take up a new position as Lead Nurse for Excellence in Care in NHS Highland. We thank Jo for her contribution, as PG Programme Lead, in establishing the PG Programme in the Department of Nursing & Midwifery (DoNM) over the past 3 years. We wish her every success in her new role.

[Neil Angus](#) succeeds Jo as PG Programme Lead. Neil's background is in adult acute care and he has previously held a broad range of clinical, managerial, and educational roles. Neil is looking forward to leading the next phase of PG programme development and to working with colleagues and clinical partners.



We also welcome Jackie Matthew (Lecturer in Advanced Practice) to the Postgraduate Team. Jackie will be leading the new [Minor Injury Module](#) to be offered in the MSc / ANP / AP programme from Autumn 2020.

## Minor Injuries: Assessment and Management

This new module will be available from September 2020 within the ANP/ AP / MSc programme or as a stand-alone study option. It is relevant to nurses, midwives and a broad range of allied health professionals and aims to develop their knowledge and skills in the assessment, diagnosis and management of people presenting with minor injuries, using a biopsychosocial and person-centred approach. The module will be led by Jackie Matthew who will be assisted by Fiona Grist. Jackie has provided a short introduction to herself and Fiona.

'I took up my new role on March 1<sup>st</sup>, 2020, however within a couple of weeks I was packing up my desk and setting up office at home following Covid-19 guidance and in adherence to social distancing law. This has been a challenge, as it is to most, but I am thoroughly enjoying writing the material for the new module. I come from an adult nursing background with experience of working in a Minor Injury Unit and a Primary Care Emergency Out-of-Hours Centre. Despite working full time as a lecturer, I continue to maintain my clinical skills in minor injuries and keep up to date with all things clinical. I also have over 30 years-experience of dealing with snow sports related minor injuries, in sometimes very difficult conditions, as a Ski Patroller on Cairngorm Mountain during the winter months. I enjoy time spent in the hills and out in the woods running, cycling or walking with my dog.



Working with me on the Minor Injuries Module is Fiona Grist (Lecturer, UHI). She too comes from an adult nursing background and has worked as Army Nursing Officer for over 18 years gaining diverse clinical experience, from running an Operating Theatre in austere operational environments to Primary Health Care. More recently Fiona has worked in curriculum development within the department and clinically in palliative care and a COVID Assessment Centre. Fiona enjoys the outdoors by running, cycling, rowing and skiing.

We are both excited to be involved with the new Minor Injuries module and look forward to welcoming our first cohort of students in September. '

Further details on the Minor Injuries module are available [here](#).

## Non-Medical Prescribing - Programme Reapproval

**We are pleased to announce that our Non-Medical Prescribing (NMP) programme was recently reapproved by the NMC. Steph Holden, our NMP Lead, has provided more information about this below.**

In view of new NMC Standards for Prescribing the DoNM required approval from the NMC to continue delivering this programme. Approval requires education providers and practice partners to demonstrate that they fully meet NMC standards. An approval visit took place on 10<sup>th</sup> March. Robust evidence was presented on how the programme meets the new NMC standards. An important aspect of this was the demonstration of strategic and operational working with practice partners. Practice partners involved in the approval visit included staff from [NHS Highland](#), [NHS Western Isles](#) and [NHS Shetland](#) as well as service users from these areas.

We are delighted to report that the programme was successfully approved, substantially a reflection of all the valuable contributions of the PG team and our partners. We are especially pleased to have received commendations on our partnership working with the three health boards, service users and students, our innovative use of pedagogy, and our plans on how to employ Quality Improvement methodology.

Moving forward we will support clinical areas with the introduction of the **new Practice Assessor and Supervisor** roles. So existing non-medical prescribers watch this space as we will be canvassing your opinions and expertise in this area!

## NMP in Shetland

**We were delighted to welcome UHI's first group of NMP students from [NHS Shetland](#) to our January 2020 Cohort.**

Kathleen and Gowri are both studying the NMP module to enhance their roles within the Gilbert Bain Hospital. Kathleen is a pre-assessment nurse and Gowri is a neurology specialist nurse. Both Ashleigh and Kat have just commenced the Advanced Practice MSc programme through UHI. They are both currently working as ANPs (in training) within the primary care setting.



*Our thanks to Kim Anderson ANP (Practice Educator) NHS Shetland for providing this update.*

## Programme Information

**Developed in partnership with expert clinical partners, and taught by subject experts, these programmes will equip nurses, midwives and allied health professionals to lead and deliver advanced healthcare for their client groups.**

To qualify as an Advanced Nurse Practitioner the following 3 modules are core to the programme :

- [Clinical reasoning, judgement and decision-making](#)
- [Non-medical prescribing \(NMP\)](#)
- [Clinical assessment for advanced practice](#)

The modules can also be undertaken as standalone. [Further information about the programme.](#)

The programme also includes a range of other modules including:

- [Assessing Incapacity: legal and ethical frameworks for professional practice](#)
- [Expertise in dementia practice](#)
- [Professional leadership and resilience](#)
- [Improvement science: enhancing quality in health and social care](#)
- [Complexities of care in multi-morbidity](#)
- [Understanding research in evidence-based practice](#)
- [Minor Injuries: assessment and management](#)
- [Quality Improvement \(Dissertation Module\)](#)
- [Applying Research Skills for Clinical Impact \(Dissertation Module\)](#)

## Student View: Expertise in Dementia Practice

### **Kathleen Evans comments on her recent experience of the Expertise in Dementia Practice module:**

‘The dementia module was the most satisfying and helpful of my ANP training.....it was informative, interesting and [I] liked that it was holistic in its approach - didn’t just focus on medical aspects but rather was bio[psycho]social. Its relevance is extremely important, as I found I was using aspects of my learning every day/night, in every ward, every speciality, acute and long-term care.

Hardly a day goes by without being asked to deal with some aspect of dementia care. Apart from better understanding and increased confidence in dealing with patients with dementia, it was particularly interesting to learn about dementia from the patient’s perspective which has shaped the way I approach these patients now. Perhaps, also, at the risk of sounding naive, the module highlighted how little I knew.’

*Thanks to Kathleen for her positive feedback on the module!*

## Key Dates

<b>June 2020</b>	Module Selection deadline for the autumn term for existing students (email to follow from Student Records)
<b>3<sup>rd</sup> July 2020</b>	Closing date for ANP / APP / MSc Programme Applications – <a href="#">Apply Here</a>
<b>27<sup>th</sup> October 2020</b>	Closing dates for RPL applications
<b>27<sup>th</sup> April 2021</b>	Closing dates for RPL applications

## Meet your Module Leaders

- [Michelle Beattie](#)
- [Jonathan Gray](#)
- [Leah Macaden](#)
- [Clare Carolan](#)
- [Steph Holden](#)
- [Jackie Matthew](#)
- [Graham Geddes](#)
- [Gill Hubbard](#)
- [Annetta Smith](#)
- [Trish Gorely](#)
- [Michael McPhee](#)

***If you would like to submit any news items or articles for the next issue of the newsletter, please email [nursing.admin@uhi.ac.uk](mailto:nursing.admin@uhi.ac.uk).***

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